Undergraduate Students’ Handbook
Fall 2021 - Spring 2022
By The Linguistic Society of Hawaiʻi

Updated August 2021

Department of Linguistics
University of Hawaiʻi at Mānoa
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Introduction

E komo mai! Welcome to the University of Hawai‘i at Mānoa Linguistics Department. This handbook is the Linguistic Society of Hawai‘i's effort to provide incoming students with information that we think may help you in learning about life in the department, on campus, and in Honolulu. Most of this information comes from students who wished that they had known this when they first arrived. This pamphlet is updated every year. Please tell us about any problems that you have, and we will do our best to address them here in future editions. Mahalo!

A. The Interdisciplinary Studies (IS) Major

1. The Interdisciplinary Studies Major

Currently, there is no undergraduate major specifically for linguistics. If you would like to major in linguistics as an undergrad, you will need to sign up for the Interdisciplinary Studies Major.

2. Declaring an Interdisciplinary Studies Major

For incoming students, you may declare IS as your major in your University Admission Application. For both incoming students and current students interested in declaring IS as your major, contact the general IS program email (isp@hawaii.edu) to begin your application and discuss your desired course of study.

3. Application and Major Requirements

The IS major requires a minimum of 36 credits coming from at least three different disciplines. The Linguistics Department website has a page about the IS major (http://ling.hawaii.edu/application-procedure/), and if you scroll down, you will see the course requirements specific to Linguistics. There is a list of 5 required courses (15 credits), and you will need to choose 2 more (6 credits) from a pre-selected list. In addition to these 21 credits, you will need to select another 15 from at least two other disciplines besides Linguistics. No more than 9 of these credits may be 200-level courses. While students typically choose disciplines that are closely related to Linguistics (i.e. Second Language Studies, foreign languages, etc.), it is not required. If you are unsure of what disciplines to select, you can browse through the Course Catalog (https://manoa.hawaii.edu/catalog/courses-overview/) and see what interests you.

4. The Interdisciplinary Studies Program Website

The IS program website (https://manoa.hawaii.edu/undergrad/is/) is a good starting point when beginning your journey as an IS major. It has information about the IS program, and a list of faculty and their contact information.

5. People to Know

Elizabeth Gannaway IS Academic Advisor gannaway@hawaii.edu
Victoria Anderson Linguistics Dept. Chair vanderso@hawaii.edu

The IS Academic Advisor will guide you through the process of creating your IS major, and this
is who you will contact if you have any questions. Once your proposal is complete, you will send it to the Linguistics Dept. Chair so that they can sign off on and approve it.

B. The Department and Academics

1. Students and Professors in the Classroom

In American classrooms, and particularly in this department, professors welcome your contribution in class. Never be afraid to ask a question if something is not clear, to challenge statements that you think are not right, and to provide comments on the topic of discussion even if you are not sure they are relevant. Just raise your hand to speak out. Professors are willing and able to help us when we ask for information relevant to our classes.

2. Office Hours and Appointments

Each professor has 2-3 office hours per week. These are regular hours during which the professor is available to meet with students. For some professors, office hours do not require an appointment, but other professors may prefer that appointments be made in advance—be sure to check with each professor for their policy regarding appointments. If the posted times occur when you are in class, you can contact professors (email is usually best) and make an appointment to see them at another time. Professors’ office hours are always listed on a card on their office door, as well as in your course syllabus. You are always welcome to attend the office hours of any professor in the department, not just those with whom you have a class.

3. Peer Advisors

It can be helpful to chat with graduate linguistics students to get advice about academic life and other matters. Linguistics students are friendly, ready, and willing to help you in this way. Feel free to approach others for advice. Although your advisor will help point you in the right direction concerning which courses to take, your fellow students can comment from experience about what it’s like to study linguistics at the graduate level and how to balance the workload and challenges of undergraduate studies. Below is a list of graduate students (and their areas of concentrations) who have volunteered to help you with any questions at hand (but please feel free to consult with any of us!).

<table>
<thead>
<tr>
<th>Name</th>
<th>Academic Interests</th>
<th>Non-academic interests</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caroline Hendy</td>
<td>Language documentation, linguistic activism &amp; reclamation, science communication, sociolinguistics, (northern Australian) Kriol, Papuan Languages</td>
<td>Language learning, hiking, crafting (especially knitting), reading</td>
<td><a href="mailto:chendy@hawaii.edu">chendy@hawaii.edu</a></td>
</tr>
<tr>
<td>Shirley Gabber</td>
<td>Phonetics, language documentation, technology</td>
<td>Fishing, beachgoing, yoga</td>
<td><a href="mailto:gabber@hawaii.edu">gabber@hawaii.edu</a></td>
</tr>
</tbody>
</table>
### The Linguistics Department Website

The department website ([www.ling.hawaii.edu](http://www.ling.hawaii.edu)) is a good source for information. It has a list of current students and faculty, information about our programs, and useful links to other sites. Various other departments’ websites are a good place to get information about other departments and professors’ areas of specialization.

### Other People to Know

The department Secretary is Jennifer Kanda and the department Admin and Fiscal Specialist and Assistant to the Graduate Chair is John Kawahara. They are an indispensable part of our department and we are grateful to have them. They both do many vital things that keep the Linguistics Department up and operating. For example, if you need a key to the mailroom or computer room, for using either room after office hours, you can arrange it through Jennifer or John. They can also answer any questions about department requirements, deadlines, and University requirements. Jen and John can be contacted at linguist@hawaii.edu.
6. Leave of Absence

As an undergraduate, you can apply for a Leave of Absence for one or two semesters if you find yourself unable to carry out your studies for a period of time. If you fully withdraw from your studies without taking a leave of absence, you’ll have to reapply to the university in order to resume your studies. Make sure you contact your academic advisor (currently Elizabeth Gannaway: gannaway@hawaii.edu) before you apply. Further information is available here: https://manoa.hawaii.edu/registrar/registration/withdrawal-and-leave/.

7. Jobs

Students are eligible to apply for campus job opportunities which are advertised in SECE accessible through myUH. However, students will not be shown as eligible for campus jobs until they are registered. To access the SECE website, use the link below.
https://sece.its.hawaii.edu/sece/login;jsessionid=AECBA60A030E3CD389B4E4AF259926B2

C. Events and Organizations

1. The Linguistic Society of Hawai‘i (LSH)

The LSH is primarily a student-run, volunteer organization aimed at promoting both academic and social activities among students and others with linguistic interests in Hawai‘i. Membership dues are presently $0 a year for undergraduate students, $15 a year for graduate students and $30 a year for faculty. You can request to become a member via this form. The Society’s activities are described in several of the sections below. Once you are a member, you can come to our meetings, attend LSH events, and be a part of a volunteer effort that brings recognition to linguistics within our community. If you have a great idea for a new project for LSH, bring it up with one of the officers or at one of our meetings!

The Linguistic Society of Hawai‘i also sponsors a number of social events during the academic year. At the beginning of the fall and spring semesters, LSH holds a casual get-together to welcome new students and to get to know one another. This gives new students, continuing students and the faculty a chance to meet each other in an informal setting and mingle. Look for other LSH social events at various times throughout the year. Announcements are made via email.

The LSH officers this year are as follows:

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Caroline Hendy</td>
<td><a href="mailto:chendy@hawaii.edu">chendy@hawaii.edu</a></td>
</tr>
<tr>
<td>Vice President/Graduate Student</td>
<td>Anu Reddy</td>
<td><a href="mailto:reddyab@hawaii.edu">reddyab@hawaii.edu</a></td>
</tr>
<tr>
<td>Organization Representative</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Secretary</td>
<td>Josiah Murphy</td>
<td><a href="mailto:murphyj2@hawaii.edu">murphyj2@hawaii.edu</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Audrey Lai</td>
<td><a href="mailto:laiaud@hawaii.edu">laiaud@hawaii.edu</a></td>
</tr>
<tr>
<td>Student Representative</td>
<td>Louward Zubiri</td>
<td><a href="mailto:louward.zubiri@hawaii.edu">louward.zubiri@hawaii.edu</a></td>
</tr>
<tr>
<td>Social Committee Chair</td>
<td>Emma Breslow</td>
<td><a href="mailto:ebrreslow@hawaii.edu">ebrreslow@hawaii.edu</a></td>
</tr>
<tr>
<td>Social Media Director</td>
<td>Laura Griffin</td>
<td><a href="mailto:laurasg@hawaii.edu">laurasg@hawaii.edu</a></td>
</tr>
</tbody>
</table>
2. **Tuesday Seminars**

The Department’s Tuesday Seminars provide a great opportunity to listen to papers presented by faculty and students. Furthermore, it is a venue to discuss our latest research. It is held practically every Tuesday at noon in AGSCI 220 (up the road from Moore Hall on East-West Road). Attending the Tuesday Seminar is not obligatory, though it is highly recommended as a way to find out what people are doing and as a way to tune your ear to public presentations on linguistics.

3. **Mailing Lists**

The linguistics student mailing list is [studling-l@lists.hawaii.edu](mailto:studling-l@lists.hawaii.edu). Undergraduate students who are newly admitted in the IS major should be automatically added to this list. If it’s been more than a week since you’ve been admitted to the IS major and you still aren’t receiving studling-l emails, please contact Jen at [linguist@hawaii.edu](mailto:linguist@hawaii.edu) and request to be added. After you graduate, you can request to be removed from the studling-l list and added to the general department mailing list.

D. **Studying Online**

As of March 2020, UH has moved to online study. In Fall of 2021, the university is planning to start increasing the number of classes that take place on campus again. However, the majority of Linguistics courses will continue to be held online.

1. **Zoom**

Zoom is the default method used by UH for meeting online. If you have not used Zoom before, please sign up using your UH email and download the application before the start of the semester, via this link [https://zoom.us/](https://zoom.us/). If you already have Zoom, please make sure you have the latest version installed. The general Zoom courtesy followed by the department is for students to have their cameras on and their microphones muted during class. However, the department cannot and does not attempt to enforce students keeping their cameras on. To whatever extent is possible for you, try to find a quiet, well-lit place with a plain background from which to attend classes.

2. **Discord**

The best place to socialize with other students in the department while you’re studying online is via Discord. Discord is a platform that allows messaging within groups as well as group voice and video calls. Our server is called ‘UH Ling Mail Room’, in reference to the fact that Linguistics students would usually socialise in the Mailroom on campus when studying in
person. The LSH President (currently Caroline Hendy) will contact new students at the start of each semester to extend a Discord invitation to them. Joining is optional but highly recommended.

3. Wellbeing

Studying online is a bit of a strange experience. You will very quickly get used to issues like people accidentally talking over each other, people being on mute when they don’t intend to be, and power outages causing people to leave class suddenly. It is very important that you look after your physical and mental health while you are studying online. Make sure that you move around between classes and meetings, even if your break is only very short. Feel free to ask professors for a break in the middle of class, particularly for longer classes (i.e. classes that are two hours or more). Try and keep water nearby so you don’t forget to stay hydrated during the day. You will likely have to make more of an effort than usual to form social connections with other students, although we at LSH will do our best to facilitate social interactions online.

E. Support services at UH

If you are struggling in any way, please get in touch with your professors early on and let them know. They can often help or provide accommodations with enough notice. Reaching out to other students is also a great way to find informal support. However, for more substantial or specific issues, here are some of the services offered at UH Mānoa.

1. Disability services (the KOKUA program)

If you identify as someone with a disability, you can get registered with KOKUA. Some of the access services they provide include writing letters to faculty, organizing exam accommodations, providing notetaking services, providing Sign Language interpreting, organizing classroom relocation and elevator use, and more. To access these services, you will need to complete the initial intake process. This usually involves meeting (can be online/over the phone) with a KOKUA Counselor and you may need to provide medical documentation. Please get in touch with KOKUA as early as possible to facilitate this. You are then expected to meet with your counselor at least once per semester.

The KOKUA Program
https://hawaii.edu/kokua/
(808) 956-7511

2. Counseling & Student Development Center
UHM Counseling & Student Development Center (CSDC) offers free services to any student living in Hawai‘i. To seek counseling, call their office to set up an appointment. Usually, you can also go in person to request an appointment, but check their website for any COVID updates first. New patients will be asked to set up a screening appointment and then assigned a counselor based on their needs. This process may take 2-3 weeks. If you are facing a crisis, the counseling center has drop-in student spaces, emergency appointments, and resources for crisis hotlines as well. The CSDC offers many options including one-on-one appointments, support groups, and workshops. Most sessions are 45-60 mins. The CSDC is open Monday - Friday 8:30-4:30 HST.

UHM Counseling & Student Development Center (CSDC)
http://www.manoa.hawaii.edu/counseling/
Ph: (808) 956-7927

3. Center for LGBTQ+ Equality

The Center for LGBTQ+ Equality, or LGBTQ+ Center, provides training and support for LGBTQ+ people and allies. They run several ‘Safe Zone Training’ sessions on LGBTQ+ inclusion and equity every semester. They also run a weekly coffee catch-up (currently via Zoom) for LGBTQ+ people and allies. You can email the Center (lgbtq@hawaii.edu) to be put on a mailing list to find out more about these.

You have the right to be treated according to the gender with which you identify, and to be called by the name and pronouns consistent with your gender identity or expression. The LGBTQ+ Center can help you get these details changed on things like your student ID, email account, Laulima profile, and MyUH. You also have the right to use restrooms and locker rooms consistent with your gender identity or expression. Additionally, there are all-gender restrooms available on campus (see a map here: https://manoa.hawaii.edu/titleix/uhm-all-gender-restrooms-map/). If you have any problems related to your sexuality, sex, or gender identity/expression while at UH, contact the LGBTQ+ Center and they will provide advice and advocate on your behalf.

UHM Center for LGBTQ+ Equality
https://manoa.hawaii.edu/lgbtq/
(808) 956-9250

4. Women’s Center

The Women’s Center at UH offers a range of services to all students. It provides crisis support and referrals for students dealing with issues including domestic abuse and violence, sexual assault, poverty, homelessness, and LGBTQ+ safety. The Women’s Center also gives out free condoms, dental dams, pads, and tampons.

UHM Women’s Center
https://www.hawaii.edu/womenscenter/
(808) 956-8059
5. Further support services

Below is an incomplete list of further support services that are available at UHM.

<table>
<thead>
<tr>
<th>Service</th>
<th>URL</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>UHM Children’s Center</td>
<td><a href="http://www.hawaii.edu/childrenscenter/">http://www.hawaii.edu/childrenscenter/</a></td>
<td>(808) 956-7963</td>
</tr>
<tr>
<td>Kua‘ana Native Hawaiian Student Development Services</td>
<td><a href="http://hawaii.edu/kuaana/">http://hawaii.edu/kuaana/</a></td>
<td>(808) 956-5945</td>
</tr>
<tr>
<td>Office of Veteran Student Services</td>
<td><a href="http://manoa.hawaii.edu/veterans/">http://manoa.hawaii.edu/veterans/</a></td>
<td>(808) 956-2192</td>
</tr>
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F. Facilities (5th floor, Moore Hall)

The information in this section will be most useful to you if/when the linguistics department transitions back to predominantly on-campus functioning. At this stage, that is tentatively planned to be Spring 2022.

**Keys:** If you anticipate needing the department or lab resources after hours or on weekends, you may check out keys (for the department or for a particular lab) from the department secretaries. There are also a limited number of keys that may be checked out on a semesterly basis.

**Security in Moore Hall:** We strongly advise you never to leave your personal belongings unattended in Moore Hall. There have been incidences of theft in the building. If you see a complete stranger walking around the department, ask, “Are you looking for someone?” so that the person knows someone has noticed them. If you are the last person out of the mail room or computer room at the end of the day, make sure that you secure the door.

1. The Reading Room (Moore 572)

The Reading Room is located in the middle of the SLS (Department of Second Language Studies) side of the 5th floor of Moore Hall. There you will find a large number of linguistics journals, books, dissertations, dictionaries and grammars, all of which are very useful for doing research for class projects. Many of these are not available in the library. The Reading Room is also a good, quiet place to study.

Students volunteer each semester to act as monitors in the Reading Room. Being a monitor is a good way to familiarize oneself with the books that are available there and with the students and faculty who use the Reading Room, and also a good way to find dedicated quiet time to do your research. The Reading Room also contains reading materials (articles, books, etc.) put on reserve for some of the classes that you may attend. Responsibility for the Reading Room is shared with the Department of SLS. Books and journals relating to SLS are also found on the shelves, and students from our sister department also monitor and frequently visit the room. Reading Room materials may not be taken out of the Reading Room. You can photocopy but you cannot check out materials or otherwise remove printed matter from the room.

2. The Computer Room (Moore 565)

The computer room is located diagonally across the hall from the student mail room. The computers are available for use by Linguistics students to type papers, use the Internet, and do classwork that requires hands-on use of computers. We have three PC computers. We also have
scanners connected to a PC, a charging station, and a laser printer. Printing is two cents per page. Please place your money in the can by the printer. Computers are available on a "first come, first serve" basis. Keep in mind that class use holds priority over personal use, and please be considerate of other users. If the Computer Room is locked, just ask one of the secretaries in Moore 569 to borrow the key. If you are in the computer room at 4:30pm when it closes, you are responsible for closing it for the day. This includes turning off all the computers, resetting the thermostat to coldest, and locking the door.

3. The Mail Room (Moore 566)

The mail room has mailboxes for the graduate students in the department, but undergraduates are also welcome to come hang out in this area (COVID safety permitting). In addition to the mailboxes, you will find an electric kettle, a refrigerator, a microwave, a sofa, charging station and a table at which you can eat or socialize with other students. These facilities are for the use of students and faculty in the Linguistics Department, and the appliances are owned by the LSH. People are welcome to use the appliances, but are asked to clean up afterwards. If you wish to put food in the refrigerator or freezer, put your name on it. Unlabeled food will be thrown out!

LSH provides drinks and snacks for sale in the mail room. Prices are posted near the snack table. We use the honor system here – put your money in the appropriate receptacle. The proceeds of these sales are used to support the activities of the LSH.

Much like the computer room, students are responsible for locking the mail room. If you are the last student to leave for the day, please be sure to lock the mail room.

4. The Conference Room (Moore 575)

The conference room is used for faculty meetings, defenses, exams, and some classes. When it is not reserved for these uses, students are welcome to use it for their own meetings or as a place to study, eat lunch, or socialize. Please lock the conference room if you are the last to leave for the day.

5. The Language Analysis and Experimentation (LAE) Labs

(Moore 162, Moore 264, Moore 427, TP 107, and KUY 422)

The Language Analysis and Experimentation Labs are research and teaching facilities dedicated to human language and the cognitive mechanisms responsible for it. The LAE Labs are open to any affiliate of the College of Arts, Languages & Letters interested in conducting laboratory-based research on language. The LAE Labs currently include five sound-attenuated booths, numerous PC and Mac computers, audio and video recording hardware and software, acoustic analysis software, articulatory measurement devices, eye-tracking equipment, preferential-looking paradigm equipment, toys for language acquisition studies, a large set of language corpora, tools for building computational models of linguistic and cognitive behavior, and experiment design and analysis software. Approved users may check out many research tools (such as laptop computers, microphones, and recorders, etc.) for use outside the lab. To gain user privileges, you must take a test on lab rules and procedures. For more information, please see the LAE Labs website.

LAE Labs website: http://www.ling.hawaii.edu/lae
G. Around Campus

1. Computer Labs

Aside from the LAE Labs and the department computer room, there are several options for Linguistics students to gain access to computers on campus. In general, a valid university ID must be presented upon entry. The following is a list of useful computer labs:

Moore Hall: There are three computer labs in Moore Hall available to Linguistics students. Aside from our department computer room there is a Mac lab in located in Moore 155 and a PC lab in Moore 153, maintained by the College of Arts, Languages & Letters (CALL) to facilitate foreign/second-language teaching and learning. If there are no classes scheduled, the computers are available to drop-in users associated with CALL (which includes the Department of Linguistics). These labs have the latest applications and software. Many foreign language fonts can be used for word processing and email reading/writing. Please note there are currently no printers in Moore 153 and 155.

Hamilton Library: Hamilton Library has many computers scattered throughout the building. Some of these computers are available solely for email, web browsing, and library searches, while others have more complete facilities. For the more equipped computers, you will need to log in with your UH ID number. It is very air-conditioned; bring a jacket if you plan to stay long.

To print in the libraries, you will need to either bring cash to Hamilton Library or preload money (Campus Cash) onto your UH Manoa OneCard.

2. Libraries

Hamilton: Hamilton Library is the main library on campus, located next to Paradise Palms Café. Here is some basic information that you should know:
- Your student ID is your library card.
- As an undergraduate student you can borrow books for up to 4 weeks, unless a book is recalled (library users can recall books checked out by others- if a book you checked out is recalled, you have to return it within 2 weeks). If a book you need is checked out by someone else, you can request for it to be recalled for you to use. Regular loan books may be renewed in MyUH. Overdue fines (25 cents a day for regular loan books) can become very expensive. So watch out and make sure to return your books before the due date!

The Library is open 8:00 am – 10:00 pm, Monday through Friday. However some services, such as the reference desk or special collections, maintain separate hours. The hours for each service/department are updated each semester and can be found at http://library.manoa.hawaii.edu.

The catalog system is known as Hawai‘i Voyager Library Catalog (http://uhmanoa.lib.hawaii.edu/). You can search for books or journals with this system.
The library's layout can be a bit confusing at first. Basic floor plans are available at the library but generally the layout is as follows:

1 Floor: Information desk, check-out counter, book return, journals, newspapers, microfiche (periodical room), reference books.
2 Floor: Humanities and Social Sciences (Call numbers A-P, and Z)  
  Note: many linguistics books are on this floor.
3 Floor: Sciences (Call numbers Q-V). Some of the Asia collection is on this floor.
4 Floor: Asia Collection.
5 Floor: Hawaiian Pacific Collection. Contains many rare books; most of these books cannot be checked out.

Additionally, our Linguistics Librarian, Sveta Stoytcheva, is available to help you find and acquire materials. She may be contacted at stoytch@hawaii.edu.

A little advice for studying in Hamilton library—bring your jacket, it's chilly! Also, beware of theft. Do not leave your belongings unattended.

**The Hawaii Pacific Collection:** The Hamilton Library houses the Hawaii Pacific Collection. They offer materials related to the island regions of Melanesia, Micronesia and Polynesia. It is internationally recognized for the excellence of its holdings and contains over 75,000 resources. The Pacific Collection receives 1,200 journals and periodicals annually and subscribes to 33 newspapers. This is a tremendous resource for the students at University of Hawai‘i.

The Hawaii Pacific Collection stacks are closed. No bookbags or cell phones are allowed in the room. There are lockers available outside the collection. Most materials cannot leave the room, though some can be checked out for a maximum of 7 days. If you wish to look at a resource that is housed in the Hawaii Pacific collection, you must do the following:

Find the resource on the Hawai‘i Voyager Catalogue.
At the top of the screen, click on the “Request” button.
Log in as directed.
Choose "UHM Hawn, Gov Docs, Sinc AV Media Paging" for your request type and click ‘OK’.
Fill in any information to insure that the library staff can find the item you are looking for and re-enter your UH number and click on the ‘Submit Request’ box.

The staff is usually very prompt about retrieving requested resources. Your resource will be held for you behind the reference desk on the 5th floor for 3 days. To pick up your resource, go to the desk and give them your ID.

**Sinclair:** Sinclair Library has mainly two kinds of resources: audiovisual materials and older journals. They have an excellent collection of videos and DVDs that you can borrow. There is a large study room that many students make use of, and you may bring food and drinks. There are also private/group study rooms; see desk staff. Sinclair is generally open 24 hours.
3. Campus Center Complex

The Campus Center is an important place for all of us. It has a ticket window where you can pick up your bus pass, buy tickets for entertainment events, discounted movie tickets, etc. Campus Center also has a Graphics Office which can design/print presentation posters, banners, and bulk printing, as well as a Computer Lab with both Mac and PC computers. Included in the Campus Center Complex is the Warrior Recreation Center, which is the on-campus gym you can access with your Mānoa OneCard, and Hemenway Hall, which houses the Associated Students of the University of Hawaiʻi at Mānoa (ASUH), an American Savings Bank branch, and the Dental Hygiene department which is open for teeth cleaning.

4. Student Recreation Services

Student Recreation Services sponsors trips for surfing, snorkeling, kayaking, and hiking, as well as hosts intramural leagues, and is located in the lower campus Athletics Complex. SRS programs are a great way to explore the island and meet new people -- the trips are relatively inexpensive and include transportation. They also have outdoor equipment available for rent at extremely cheap prices.

5. Campus Eateries

There are a number of cafeterias on the University of Hawaiʻi at Mānoa campus. Paradise Palms Cafe is closest to the Linguistics Department, located between Moore Hall and Hamilton Library. If you want to eat organic and/or vegetarian food, the Sustainability Courtyard is for you. It is located next to Sakamaki Hall, not far from Moore Hall. On select days of the week, food trucks are also available around campus.

The Campus Center has a big cafeteria, Starbucks, Jamba Juice, and Subway on its second floor, and a couple other eateries on its first floor. Next to the Campus Center is Hemenway Hall with Mānoa Gardens and Ba-Le, another place to eat and relax (and grab a drink!). Mānoa Gardens generally has live music on Friday evenings.

The closest bars that cater to UH students are Mānoa Gardens, located in Hemenway Hall by Ba-Le, and Tropics, a short walk down University Ave. (towards King St.).

6. Housing

If you are looking for a place to live — room, apartment, studio — the bulletin boards on campus are a good place to start. A few other websites are listed below. Often, the best way to find housing is to mention to others that you are looking for a place; often someone else knows of a vacancy!

Off-campus housing
Craigslist Honolulu
Honolulu Star-Advertiser classifieds
On-campus housing

http://www.manoa.hawaii.edu/housing/offcampus
http://honolulu.craigslist.org/
http://www.hawaiisclassifieds.com/
http://www.manoa.hawaii.edu/housing
7. Health Services

If you are feeling unwell, the University has a Health Services clinic (956-8965) located on East-West Road near Dole St. For general services, you can walk in during business hours to be seen by a physician. The clinic houses specialty services, including dermatology, nutrition, physical therapy, psychiatry, sports medicine, travel services, and women’s health. You can also pick up prescriptions at their pharmacy (often at a discount).

8. Security

In case of a safety issue, contact the Department of Public Safety (DPS), our campus security. If you are alone at the library at night and need someone to accompany you, you can call and someone will escort you. There are also emergency telephones — the blue boxes on campus — that are connected directly to the security office, or dial 956-6911 from any other phone. There is also an app called the Mānoa Guardian app that you can download on your smartphone. It allows you to quickly contact DPS officers and other emergency services, send in tips, and set a ‘Safety Timer’ which will notify DPS officers if you have not reached your destination safely within the time you allot. You can download the app here: https://manoa.hawaii.edu/dps/manoa-guardian/

<table>
<thead>
<tr>
<th>Emergency</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Emergencies</td>
<td>911</td>
</tr>
<tr>
<td>Campus Security</td>
<td>956-6911 (x6911 from campus phones)</td>
</tr>
<tr>
<td>Safety Escort</td>
<td>956-7233</td>
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9. Groceries

A handful of grocery stores are located within walking or biking distance of campus, and many of them offer membership discount cards. Down to Earth and Kokua Market offer organic and vegetarian products.

- Down to Earth: 2525 S. King St.
- Foodland: 1460 S. Beretania St.
- Kokua Market: 2563 S. King St.
- Safeway: 2855 E. Manoa Rd. AND 1121 S. Beretania St.
- Times Super Market: 1772 S. King St.

There is always the famous Ala Moana shopping center or Waikiki for shopping, as well. Chinatown is an excellent shopping area where fresh vegetables, fruits, fish, and other groceries are sold at much lower prices than at the supermarkets. Go to the Aloha Stadium Flea Market on a weekend to buy inexpensive clothes or things for the kitchen. There are also thrift stores not far from the university where you may find useful items for your apartment. Near the University Ave. and King St. crossing (“Puck’s Alley”) there are many different stores with reasonable prices. Here you can find used CDs and books, photocopying services, restaurants, and grocery stores.

10. Transportation

If you want to buy a bicycle, moped, car, or any other such item, Craigslist is the best place to start. An inexpensive local bicycle shop is McCully Bike Shop, within walking distance of campus (located at 2124 S. King St.).
TheBus is another way to get around the city. You can pick up bus schedules from Campus Center or the Queen Lili‘uokalani Center for Student Services Building, or check online at [http://www.thebus.org/](http://www.thebus.org/). Bus passes are included in your tuition and fees, and may be picked up at Campus Center after you’ve registered for classes. Without a bus pass, the fare is $2.75 per ride, including one transfer. Don’t lose your ID card, though—a replacement ID is $25, and a replacement UPASS is $50. Monthly passes are $60.

11.  **Associated Students of the University of Hawai‘i at Mānoa (ASUH)**

The Associated Students of the University of Hawai‘i at Mānoa is the representative student body for undergraduate students at UH Mānoa. They have two student government (‘Senate meetings’) and executive committee meetings per month. Senate meetings are open to the public, so anyone can attend. ASUH also gives out scholarships and awards to undergraduate students. These include awards on the basis of academic merit, financial need or unique circumstances, awards for study abroad, awards for research, and awards for graduate test preparation. To apply, go to their website and select the ‘Awards and Funding’ tab. They also host an annual Graduate Fair for anyone interested in attending grad school. [https://asuuhmanoa.wixsite.com/asuh/](https://asuuhmanoa.wixsite.com/asuh/)

If you have further questions or comments, please feel free to ask any of the LSH officers. We all look forward to getting to know you!

*Although LSH has members who are University of Hawaii students, LSH is independent of the University and does not represent the views of the University. LSH is responsible for its own contracts, acts, or omissions.*